
Notice of Privacy Practices

Health Insurance
Portability and
Accountability Act

Mountain Health Services

Mountain Health Services, P.C.
740 McKinley Avenue
Kellogg, Idaho 83837

Notice of Privacy Practices

Health Insurance Portability and Accountability Act of 1996

This notice describes how medical information about you may be used and disclosed and how you can get access to this information. Please review it carefully.

About Us:

Mountain Health Care provides a full range of family medicine and general practice. Our office has five Primary Care Providers who share their time from 8:00 a.m. – 7:00 p.m. Monday through Thursday, 8:00 a.m.-5:00 p.m. on Friday and 8:00-3:00 p.m. on Saturday. Our office hosts providers from the Inland Northwest including cardiologists, general surgeons, orthopedics, podiatrists, obstetricians, otolaryngologists, and many other specialties. We also offer a multitude of services including laboratory, x-ray and diagnostic testing. Kellogg Physical Therapy is available for a wide range of therapy treatments Mondays through Fridays 8:00 a.m.- 5:00 p.m.

Protected Health Information (PHI):

Protected Health Information also referred to as PHI is information that identifies who you as the patient as it relates to your past, present, or future physical or mental health or condition, the provision of health care to you, or past, present, or future payment for the provision of health care to you. PHI does not include information about you that is publicly available, or that is in a summary form that does not identify who you are. If you are an employee of our participating physician's office, PHI does not include your health information in your personnel file.

Purpose of this notice:

In the course of doing business, we gather and maintain PHI about our members. We respect the privacy of your PHI and understand the importance of keeping this information confidential and secure. This notice describes our privacy practices and how we protect the confidentiality of your PHI. We are obligated to maintain the privacy of your PHI by implementing reasonable and appropriate safeguards. We are also obligated to explain to you by this notice about our legal obligations to maintain the privacy of your PHI. We must follow our notice that is currently in effect.

How we protect your PHI:

We restrict access to your PHI to those employees who need access in order to provide services to our members. We have established and maintain appropriate physical, electronic, and procedural safeguards to protect your PHI against unauthorized use or disclosure. We have established a training program that our employees must complete and update annually. We have also established a Privacy Officer, which has overall responsibility for developing, training, and overseeing the implementation and enforcement of policies and procedures to safeguard your PHI against inappropriate access, use and disclosure.

Types of use and disclosures of PHI we may make without your authorization:

Treatment, Payment, Health Care Operations:

Federal and state law allows us to use and disclose your PHI in order to provide health care services to you, as well as to bill and collect payments for the health care services provided to you by our participating physicians. For example, we may use your PHI to authorize referrals to specialists and to review the quality of care provided by your participating physician. We may disclose your PHI to health plans or other responsible parties to receive payment for the services provided to you by our participating physicians.

We may also use or disclose your PHI, for example, to recommend to you treatment alternatives, to inform you about health-related benefits and services that we offer, or to contact you to remind you of your appointments. We conduct these activities to provide health care to you, not for marketing purposes.

Federal and State Law also allow s us to use and disclose your PHI as necessary in connection with our health care operations. For example, we may use your PHI for resolution of any grievance or appeal that you file if you are unhappy with the care you have received. We may also use your PHI in connection with population-based disease management programs. We may use or disclose your PHI as required by law.

We are also allowed by law to use and disclose your PHI without your authorization for the following purposes:

1. When required by law - In some circumstances, we required by federal or state laws to disclose certain PHI to others, such as public agencies for various reasons
2. For public health services – such as reports about communicable diseases, defective medical devices to the FDA or work-related health issues
3. Reports about child and other types of abuse or neglect, or domestic violence
4. For health oversight activities – such as reports to governmental agencies that are responsible for licensing physicians or other health care providers
5. For lawsuits and other legal disputes – in connection with court proceedings or proceedings before administrative agencies, or to defend us or our participating physicians in a legal dispute
6. For law enforcement purposes – such as responding to a warrant, or reporting a crime
7. Reports to coroners, medical examiners, or funeral directors – to assist them in performance of their legal duties
8. For tissue or organ donations – for organ procurement or transplant organizations to assist them
9. For research – to medical researchers with an approval of an institutional review board or privacy board that oversees studies on human subjects; researchers are also required to safeguard your PHI
10. To avert a serious threat to the health or safety of you or other members of the public
11. For national security and intelligence/military services – such as protection of the President or foreign dignitaries
12. In connection with services provided under workers' compensation laws

We may disclose your PHI, without written authorization, to your family members or other persons if they are involved in your care or payment for that care. We may also notify disaster relief organizations to assist them with their relief efforts. When you are a patient at a hospital or medical facility with which we are affiliated, we may create a directory that includes your name, your location at the facility, your general condition and your religious affiliation. Information in this directory may be disclosed to visitors and clergy. However, we must first provide you with an opportunity to agree or object to such disclosure. If you can not agree or object because you are incapacitated otherwise unavailable, we will use our professional judgment.

You, as a parent, can generally control your minor child's PHI. In some cases, however, we are permitted or even required by law to deny your access to your child's PHI, such as when your child can legally consent to medical services without your permission.

There are some types of PHI, such as HIV test results or mental health information, which are protected by stricter laws. However, even such PHI may be used or disclosed without your written authorization if required or permitted by law.

Authorizations:

All other uses or disclosures of your PHI must be made with your written authorization.

If you need an authorization form, we will send a form to you or your personal representative to complete. Please mail the completed form to our office address:

Mountain Health Services
740 McKinley Avenue
Kellogg, ID 83837

You may revoke or modify your authorization at any time by writing to us at the same address. Please note that your revocation or modification may not be effective in some circumstances, such as when we have already taken action relying on your current authorization on file.

Your rights regarding your PHI:

Access to your PHI:

You have the right to review and copy your PHI we maintain. If you wish to access your PHI, please contact us by telephone or by submitting a written request.. We will respond to your request to set up a time and date when you can review your PHI in our possession within our normal business hours. You may also request a copy of your PHI. If we provide you with a copy, we may charge a reasonable administrative fee for copying your PHI to the extent permitted by applicable law. If we deny your request for review or copy of your PHI, we will provide a reason to you in writing. If we do not have your PHI, but have knowledge of where to locate your PHI, we will assist you with contacting that facility.

Right to amend your PHI:

You have the right to request amendments to your PHI. If you wish to have your PHI corrected or updated, please write to us to explain the reason for the change. We will respond to you in writing, either accepting or denying your request. If we deny your request, an explanation will be provided. You may also send us an addendum that is no longer than 250 words in length for each item you believe to be incorrect. Please clearly indicate that you want the addendum to be included in your PHI. We will attach your addendum to the record(s) of your PHI. Your amended PHI will be available for your review upon request.

Right to receive an accounting of disclosures of your PHI:

You have the right to request an accounting of certain disclosures that we make of your PHI. You can request an accounting by writing to us. Please note that certain disclosures, such as those made for treatment, payment, or health care operations, need not be included in the accounting we provide to you. We will respond to your request within a reasonable period of time, but no later than 60 days after we receive your written request.

Right to receive a copy of this notice:

You have the right to request and receive a paper copy of this notice.

Right to request restrictions:

You have the right to request restrictions on how we use and disclose your PHI for our treatment, payment, and health care operations. All requests must be made in writing. Upon receipt, we will review your request and notify you whether we have accepted or denied your request. Please note that we are not required to accept your request for restrictions. Your PHI is critical for providing you with quality health care. We believe we have taken appropriate safeguards and internal restrictions to protect your PHI and that additional restriction may be harmful to your care.

Right to confidential communications:

You have the right to request that we provide your PHI to you in a confidential manner. For example, you may request that we send your PHI by an alternate means (i.e. sending by a sealed envelope, rather than post card) or to an alternate address. We will accommodate any reasonable requests, unless they are administratively too burdensome, or prohibited by law.

Right to make a complaint:

We must follow the privacy practices set forth in this notice while in effect. If you have any questions about this notice, wish to exercise your rights, or file a complaint, please direct your inquiries to our above mentioned mailing address.

You may contact your Health Insurance Plan or the Idaho Department of Managed Care with your concerns as well. You also have the right to directly complain to the Secretary of United States Department of Health and Human Services. We will not retaliate against any person for filing a complaint against our office.

Rights Reserved:

We will use and disclose your PHI to the fullest extent authorized by law. We reserve the rights as expressed in this Notice. We reserve the right to revise our privacy practices consistent with law and make them applicable to your entire PHI we maintain, regardless of when it was received or created. If we make material or important changes to our privacy practices, we will promptly revise our Notice. Unless the changes are required by law, we will not implement material changes to our privacy practices before we revise our Notice. You may request updates to this Notice at any time.

Effective Date:

The effective date of this Notice is April 14, 2003